

Fall Training Event

Pre-Assignments

2026

Intentional Discipleship

Michael Frost is an internationally recognized Australian missiologist, author and one of the leading voices in the missional church movement and is also a long-time friend of YFC/YU Canada. Mike has written an excellent article on the importance of telling your spiritual autobiography well.

To prepare for the Fall Training Event, please **read Frost's article** (link below) **and prepare to tell your spiritual autobiography in a small group setting** paying special attention to the significant persons, spiritual

Frost has great questions for you to think about that will inform how you tell your story. Please try to write it out as a short story (we suggest 4-minutes long) that flows rather than simply answering the questions in the article. Let those questions percolate in your memory, use them to reflect on how God has worked and continues to work in your life. Don't feel tied to Frost's questions but consider them springboards for telling your story. Your small group members will interact respectfully with your story to offer encouragement and refinement. Listening to another's story is a sacred thing, so let's tell that story well and listen generously to one another.



Article link

<https://mikefrost.net/the-way-you-tell-your-spiritual-autobiography-matters/?fbclid=IwAR2HGV-f3AaU0ZF0-Hv400X4GeADzgOrWBag4AaYEg7rFMjKRdk8fmYeays>



Ministry Skills & Leadership Practices

In preparation for further learning at the Fall Training Event, please read the summary of The Making of a Leader by J. Robert Clinton (link below) so that you are familiar with and can articulate the stages of Christian leadership development. Journal your thoughts around the following elements of the summary:

1. Take notes on thoughts and concepts that resonate with you. What do you need to be intentional about to develop further as a Christian leader?

2. How do you think the sovereign foundations in your life have prepared you for Christian leadership? How do you think that some of those sovereign foundations may impede you? Where do you need to pay attention or seek healing?
3. What are some things that frustrate you with leadership that you have experienced? What frustrates you about your own leadership?
4. What are 2 or 3 things that you can implement going forward to continue developing well as a Christian leader?
5. Be prepared to discuss this article in breakout groups at the training event.

Article link

https://drive.google.com/file/d/1qBSeOBeBeM4csB_XR2AZub_JFViWhfCF/view?usp=drive_link

Resilient Spirituality

A core text of our teaching is **The Emotionally Healthy Leader** by Peter Scazzero. Before your Fall Training Event, please **read the first section of this book (chapters 1-5)**. After completing your reading, please **create a Rule/Rhythm of Life** (as discussed in the chapter 'Slow Down for Loving Union'). We will be discussing the Rule/Rhythm of Life exercise at the training event. Please be prepared to share this in a discussion group setting.



Mentoring: Preparing to be Mentored

"God is in the business of raising up leaders and intervening in their lives to develop them for carrying out his purposes. Jesus still calls people to follow him and influence many others." – J. Robert Clinton, Leadership Emergence Theory

"Mentoring is like stepping into the race of life with someone, to encourage, affirm, and cheer a mentee forward." – Great Mentoring for Real Life Change

Why Mentoring?

None of us is meant to follow Jesus or grow in ministry alone. Mentoring gives us the opportunity to have someone further along in the journey intentionally invest in who we are becoming, not simply what we are doing.

As you prepare for Fall Training, take some time to reflect on your experience of mentoring and what you hope to gain from a mentoring relationship.

Reflect

1. Who has significantly influenced the person you are becoming?
What did they do that helped you grow?
2. Have you ever experienced intentional mentoring or spiritual investment?
What made it meaningful, or what do you wish you had experienced?

3. Where do you most want to grow as you begin your YFC journey?
Identify 2 or 3 areas, such as your relationship with Jesus, spiritual rhythms, character, relationships, leadership, ministry skills, calling, or emotional health.
4. What would you most value from someone further along in life, faith, and ministry?
5. What might make it difficult for you to be mentored?
Consider things like busyness, independence, vulnerability, receiving feedback, or not knowing what to talk about.

Begin Looking

Begin thinking about 2-3 potential mentors. Ideally, your mentor will be someone who:

- Is further along in life, faith, and ministry.
- Has significant ministry experience.
- Is someone you respect and trust.
- Is committed to following Jesus.
- Is willing to invest intentionally in your development.
- Is enthusiastic about helping others grow.

Your mentor doesn't need to have all the answers. They need to be willing to **listen, ask good questions, share their experience, pray, encourage, and walk alongside you.**

A Resource for Your Mentor

We are making ***Growing Up: A Lifelong Journey*** by Robert Loane and Randy D. Reese available to your mentor as a resource for developing and structuring your mentoring conversations. **Please submit your mentor's name and email address to your Regional Training Coordinator before the Fall Training Event begins, so that we can send them an e-version of the resource.**

Come to Fall Training Prepared to Share

One area I hope a mentor will help me grow in is...

One thing I will bring to a mentoring relationship is...

One thing that could make mentoring difficult for me is...

The goal is not simply to become a better YFC worker. It is to become the person God is forming you to be – and, in time, to help others do the same.

DISC Assessment Reminder

If you have not already done a DISC Assessment for your Foundations Track, email Wendy Godmere at wendygodmere@xplornet.com and request a link for a 50-page Discovery Report. Wendy is an independent consultant who administers these reports on behalf of YFC Canada so you will need to arrange payment of \$56.44 (for the cost of the report) directly with her. Then:

- **Review** the complete report and highlight comments of interest to you.

- **Forward** a copy of this report to your supervisor and **upload** a copy to your Google Classroom.
- **Bring** a copy of the completed report (including your thoughts) to the Fall Training Event. ***Please note — the DISC Assessment will be further explained at the Fall Training Event. ***
- **Reminder** that after receiving your Assessment results, you will also need to **complete the Personal Review Questions** (on page 29) and submit them via Google Classroom. If desired, you can wait to complete the Review Questions until after the Fall Training Event.

Regional Training Coordinators:

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